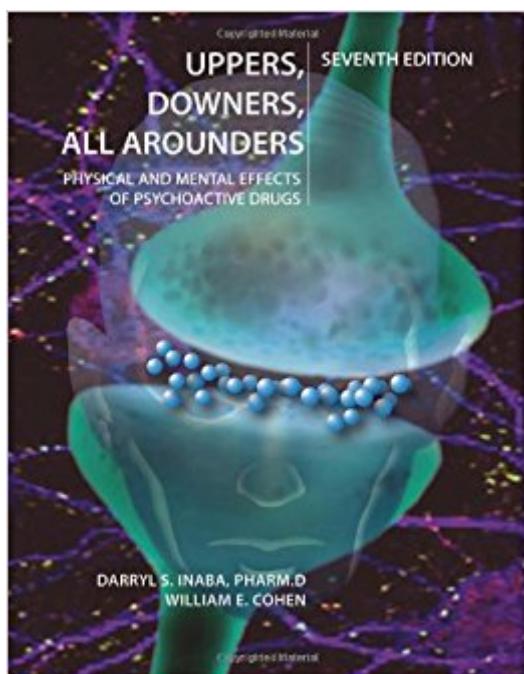


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# **Uppers, Downers, All Arounders: Physical And Mental Effects Of Psychoactive Drugs, 7th Edition**



## **Synopsis**

This edition incorporates the most current and comprehensive information on the physiology, neurochemistry and sociology of drugs in to one of the best test/reference books on the subject. Recommended reading for AOD counseling certification and adopted by hundreds of colleges and universities as well as federal, state and local law enforcement agencies, this text provides readers at every level with a thoughtful and thorough examination of the physical and mental effects of psychoactive drugs and compulsive behaviors. With a completely redesigned format, this edition contains over 300 illustrations, photos, and graphics to provide readers with visual interpretations of complex ideas. Written in a clear, concise, style, this textbook will be a valuable addition to the library of an instructor, student, or treatment professional. A companion Study Guide containing chapter outlines, guided reviews, practice tests, a drug identification table, and an extended glossary is available for download. Key ideas and concepts are highlighted throughout the book. This technique along with the Study Guide aids readers in processing the materials.

## **Book Information**

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## **Customer Reviews**

Darryl S. Inaba, Pharm.D., CADCIII, is recognized as one of the foremost authorities on drugs and addictions. He is the former CEO and President of San Francisco's Haight Ashbury Free Clinic, an organization he helped found in the 1960. Dr. Inaba has authored hundreds of technical articles, is a popular speaker at workshops and conferences nationwide and maintains Associate and Adjunct Professorships at the University of California San Francisco, University of Utah, and College of San

Mateo.William E. Cohen CCGAC I, is an Emmy Award winning film maker who has spend the past four decades building an impressive resume as an educator in print and video. William currently lectures throughout the Pacific Northwest on drug education, compulsive behaviors and substance abuse.

Used this gem to study for my CARN RN board certification. It was one of a few books I bought during study/prep. Best one hands down. Good luck!

This books was easy to read (for a textbook :) ) and well organized. Basic physiology was explained concisely as needed. The one complaint I have is that it sometimes went a bit too much into detail. I felt like there was information that, while interesting, wasn't super important to know.

This book is great for MFT's SW's and anyone in the addiction field even great for parents to have to educate their children about how harmful drugs are and also is a great learning experience!!

This text book was a requirement in my substance abuse class for therapist. It was extremely informative, gave a lot of situations, pertain to the body, mind, and how to deal with situations. It also gave adequate history of different cultures, people with different ethnic and cultural beliefs. It gives complete details about the alcohol and substance abuse, how different plants, causes behavioral changes, the different kinds of usage drugs, when it is mixed with other chemicals and its affects. It gives the history in the beginning of how plants were discovered and by whom. How it was first used by different cultures, and how it was expanded into the United States. It also gives the complete history and information about the Cartals, and the government. Easy to find answers to our class quizzes.

As an addiction recovery professional for over thirty years I found Uppers, Downers, All Arounders to be entertaining, interesting and educational. Dr. Inaba brings a unique perspective to the field of Addiction Recovery as a Doctor of Pharmacy and a supervisor of thousands of patients seeking recovery. I enjoyed the history of how our attitudes regarding addictive substances have changed through the years. He presents valuable specifics and statistical information on Alcohol and Other Drugs including the many methods of treatment. This book is a great addition for anyone wanting to expand their knowledge of the history and present day thinking regarding Addiction and Recovery. Dr. Michael J. De Vito, Program Director, NewStart Treatment Center, Henderson,

## NV.Author--Addiction: The Master Keys to Recovery

This is a historical informational gem, but quite outdated for current trends in the A&D treatment world. While some things have remained consistent with alcohol and other drugs, there have been many changes with use, popularity of substances, among other things. It was a cheap purchase but not a good resource for current practice.

Bought it for a class, but found the book to be interesting to read despite being forced to do it, lol. The book is well organized and the information is extremely up to date. There are multiple sources of addiction referenced, from actual drugs to eating and World of Warcraft.

Unlike most textbooks, this book will leave you actually wanting to learn the information. I received a new copy of the book. The book is a paperback edition and is very thick. It does a good job explaining what each drug does and why. The book was used for a psychology of substance abuse class.

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